

STRATEGIES OF INTERVENTION

(from *Bully-Proofing Your Child: A Parent's Guide* by Garrity, Baris, and Porter.)

| LEVELS OF RISK | | | |
|-----------------------------------|--|---|---|
| Strategies of Intervention | Low | Medium | High |
| <i>Not joining in</i> | Walk away | Stay but do not participate. | Declare your non-participation. |
| <i>Getting Adult Help</i> | Get help anonymously. | Identify who the helpful adults are and get one of them. | Announce loudly your intention to get adult help; then do it. |
| <i>Mobilizing Peer Group</i> | Identify a peer leader and offer to join in standing up to the bully. | Identify others who are capable of mobilizing peers in defense of the victim and recruit them to the cause. | Be a leader in recruiting others to join in standing up to the bully. |
| <i>Taking an individual stand</i> | Go over to the victim and lead him or her away from the situation. | Say, "leave him alone." | Say, "we don't treat people like that at our school." |
| <i>Befriending the victim</i> | Privately empathize with the victim by saying, "that was unfair or cruel." | Go over and stand with the victim or invite him or her to join you in doing something else. | Stand with the victim and publicly announce the "unfair" behavior of the bully. |