Bullying Behaviors Chart

Mild		Moderate		Severe	
Physical Agres Pushing Shoving Spitting	sion: • Kicking • Hitting	Defacing propertyStealing	 Physical acts that are demeaning and humiliating, but not bodily harmful (e.g., de-panting) Locking in a closed or confined space 	 Physical violence against family or friends 	Threatening with a weapoInflicting bodily harm
Social Alienation Gossiping Embarrassing	Setting up to look foolishSpreading rumors about	Ethnic slursSetting up to take the blame	 Publicly humiliating (e.g., revealing personal information) Excluding from group Social rejection 	 Maliciously excluding Manipulating social order to achieve rejection Malicious rumormongering 	Threatening with total isolation by peer group
Verbal Aggress Mocking Name calling Dirty looks Taunting	ion: Teasing about clothing or possessions	▶ Teasing about appearance	Intimidating telephone calls	 Verbal threats of aggression against property or possessions 	 Verbal threats of violence or of inflicting bodily harm
Intimidation: Threatening to reveal personal information Graffiti Publicly challenging to do something	Defacing property or clothingPlaying a dirty trick	■ Taking possessions (e.g., lunch, clothing, toys)	ExtortionSexual/racial taunting	■ Threats of using coercion against family or friends	CoercionThreatening with a weapor

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