

Open Circle Lessons that Relate to Bullying

The Open Circle approach, when implemented consistently, creates a caring school community and teaches children social and emotional skills for healthy relationships. Every lesson in the Open Circle Curriculum lays the foundation for bullying prevention. Here's a sample of some of the lessons that relate to bullying and teasing:

All grade levels

- Lesson 8: Including One Another
- Lesson 10: Dealing with Double D behaviors
- Lesson 12: Dealing with Teasing
- Lesson 13: Recognizing Differences/Discrimination
- Lesson 14: Speaking Up
- Lesson 19: Being Calm
- Lesson 20: Getting Calm When You Feel Upset

Supplementary Lessons for Kindergarten through Grade 3

- S-4: The Golden Rule
- S-13: Friendship
- S-14: Sharing/Showing Respect for One Another
- S-15: Additional Speaking Up Activities

Supplementary Lessons for Grades 4 and 5

- S-10: Talking to Someone Who Can Help
- S-12: Showing Respect for One Another
- S-13: What is a Bystander?
- S-14: What Should a Bystander Do?
- S-15: What is Bullying?
- S-16: Classroom Rules on Teasing and Bullying
- S-17: Additional Speaking-Up Activities

(Taken from: www.open_circle.org)